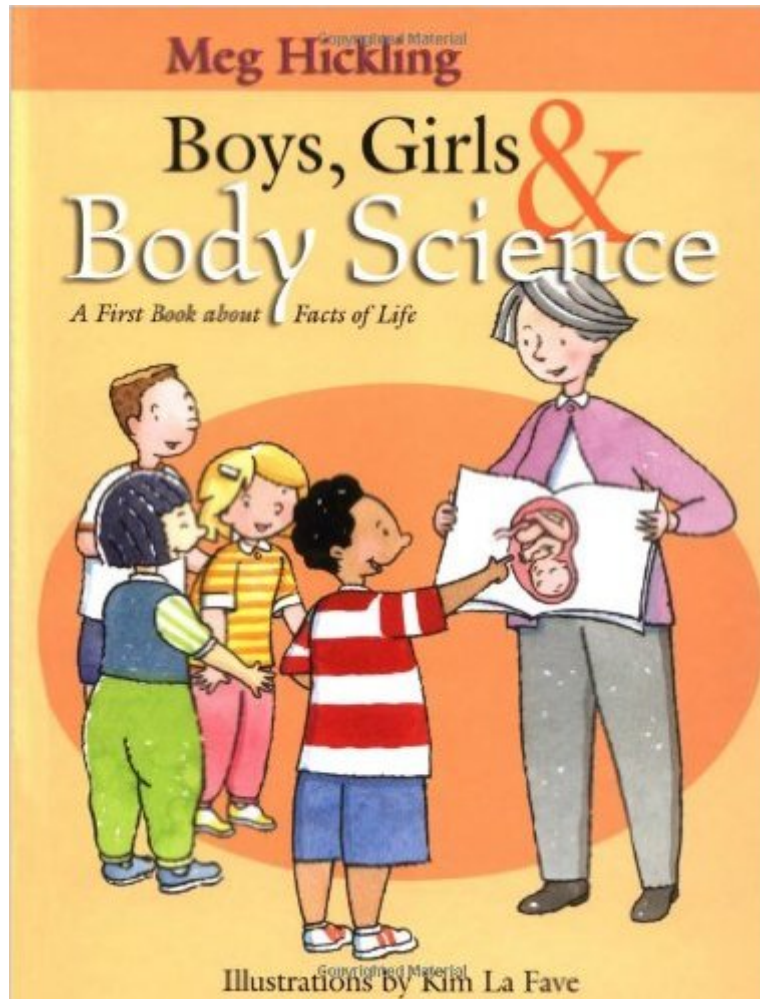


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# Boys, Girls & Body Science: A First Book About Facts of Life



## Synopsis

With humour and sensitivity, *Boys, Girls & Body Science* provides no-nonsense answers for children - and parents - with questions about sex. Specifically designed for young readers, *Boys, Girls & Body Science* walks children through the wonders of their bodies in a direct, easy-to-read manner. The story begins with Nicholas, 7, and Jenny, 5, learning about different types of science in their class - from ecology to the digestive system. Then Meg Hickling, a guest speaker, comes to talk to them about a new type of science. Hickling talks about the "science names" for the children's body parts, about good and bad touches and about making babies. She coaches the children not to be embarrassed or shy about body science: "We are going to make this just like a science lesson, we will learn to think like a scientist and we will learn the scientific names for our private parts," she says. Hickling is a Registered Nurse who has been teaching sexual education for over 25 years. She is an outstanding educator, and her ability to convey difficult material with sensitivity, gentle humour and warmth distinguishes her as a remarkable teacher and role model. In this latest publication, Hickling brings her award-winning lesson into the homes, schools and libraries of inquisitive children everywhere!

## Book Information

Hardcover: 32 pages

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Product Dimensions: 8.8 x 0.4 x 11.4 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (51 customer reviews)

Best Sellers Rank: #31,660 in Books (See Top 100 in Books) #12 in [Books > Children's Books >](#)

[Growing Up & Facts of Life > Health > Sexuality](#) #65 in [Books > Health, Fitness & Dieting >](#)

[Sexual Health > General](#) #135 in [Books > Self-Help > Sex](#)

Age Range: 6 - 9 years

Grade Level: 4 and up

## Customer Reviews

I took a chance buying this book when no-one had written any reviews about it, but the publisher write-up looked so good I had to give it a try - and I am quite glad I did. In the book, Meg, a nurse, is

invited to a classroom to explain about what she calls 'body science' (reproduction). In a most gentle, sensitive, and delicate manner, she teaches the children to think about 'embarrassing' things in the way that a scientist would, then she goes on to teach about those 'embarrassing' subjects. This book is written on a very basic level, big illustrations and only a few paragraphs of text on each page, obviously written for a younger audience. The book perceptively takes into account what the children's responses and reactions may be, which makes the reader feel like they are understood, and makes them feel at ease. My 8 year old daughter understood everything and was not 'grossed out' at all, to her it was all very matter-of-fact, but my 10 year old son groaned a big 'yuck' at the one unavoidably direct sentence in the whole book (there is no way around explaining the nitty-gritty of how babies are made...) My 10 year old son's reaction should not deter you from buying this book, I don't think anyone could present this material any better. My 13 year old son liked the book and learned from it but said it was written for younger kids. I am very pleased with this book and will be using it for my two youngest children when they are old enough to be ready for it. I highly recommend this book.

I bought this book for my 10 yr old son. I made sure I read it first then gave it to him to read. We followed with a great discussion. I had researched a lot of other books and now that I have had the book/conversation with my son I am glad I chose this book! I was not ready to discuss masterbating, wet dreams or homosexuality with my child yet and this book DID NOT mention these things. It was simple and straightforward. A perfect Primary Grade Book!

This is really an extraordinarily well balanced presentation of the facts of life for an 8 or 9 year old. The characters in the book reacted exactly like my 8 year old when hearing the somewhat embarrassing (for him) facts of life. My son laughed pretty hard as the character in the book said "Yuck!" when hearing how babies are made. This book had tactful but direct illustrations and overall the book is a wonderful aide to any parent who wants to make sure their children understand the basic facts of life.

This is my favorite book on the subject for ages 10 and up. This book gave just the right amount of details, so that the kids would know exactly what intercourse entails. However, it did not go into other issues, e.g. alternative lifestyles. Our family is Catholic, and I didn't wanted a book that would introduce ideas contrary to our beliefs for my children at the elementary school level.

I bought this exact book at a local thrift store. I figure I either like it or don't and do not lose more than \$2. Turns out this book is GREAT. I know some reviewers said this book is for kids aged 10+ but I think that is a personal issue. This book could easily be read to 5 and 6 year olds. The wording is friendly and factual and uses humor. The images are factual but not graphic. There is one page with two adults in bed, but it does not show anything obscene (They look like they are hugging) and explains sex in a very safe and child friendly way without focusing on the sex talk, it just puts it in with everything else and that is, imho, how it should be. Not a big deal, just facts. It also talks about labor and birth at the end, with child friendly images. This book covers all the basics and does so tastefully, scientifically, and in ways children can understand. I would have bought this book at the full price for certain!!! My daughter is only 16 months old but I look forward to sharing this book with her. I personally have no issue reading it to her as young as she will sit through it. As a woman who was molested at age 3 I feel this stuff NEEDS to be addressed early to keep children safe and this book starts out with the "You can say no to kisses, etc." and "Your body is private" aspects of the human body and I GREATLY appreciate that aspect and the importance of that lesson. All in all, I find this book a wonderful resource and great find and worth the money. Take the time to read it yourself first and then read it to your child multiple times and really use it to open a dialogue and speak about these topics in a healthy manner. Knowledge keeps kids safe. Open and honest communication between parent and child protects them and helps them in life. This book is fantastic.

My almost 8 year old daughter has been asking a lot of questions lately about how babies are really made, etc. I panicked and ordered three books based on their reviews here. Boys, Girls, and Body Science was by far the best of the lot! The story line of a nurse talking to a class of young children works so well, as does the suggestion to approach the subject like a scientist (for example, scientists don't say "yuck!" they say "interesting!"). I thought the book gave all the pertinent information without getting into topics a young gradeschooler might not be ready for. A conversation I'd been dreading actually turned out to be fun. If you want a book that covers the basics of reproduction in a matter-of-fact way, this is it. I plan on using this book for my other kids when they are older.

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